



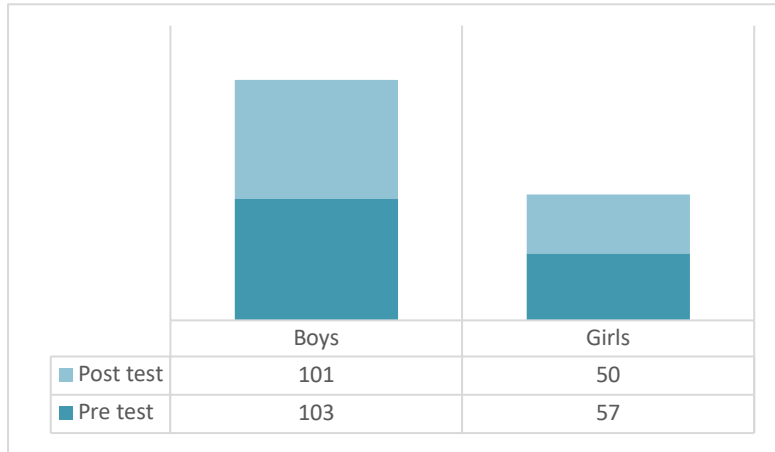
Social Cohesion through Sports Project Well-Being and Social Cohesion Survey 4th Quarter Report

A pre-test and post-test study were conducted to monitor the development of the well-being of the beneficiaries participating in the activities carried out within the scope of the Social Cohesion through Sports Project and to follow the main purpose of the project, which is social cohesion. The same question items were used in the pre-test and post-test studies. In the study, 4 closed-ended questions, including demographic information, 5 questions indicating well-being, and 9 closed-ended questions indicating their social adaptation were asked. The Star rating method was used to enable children to answer the specified 14 questions more easily. The undecided option has also been added so they can respond if they are unsure.

Demographic Information

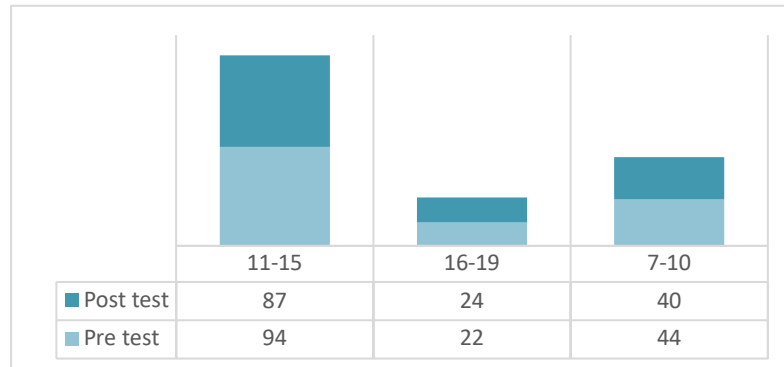
Among the children participating in the activities carried out within the scope of the Social Cohesion Project through Sports, 160 were pre-tested and 151 were post-tested. The fact that the number of participants is less in the post-test is the participants who left the courses due to the Covid-19 pandemic.

Figure 1: Gender distribution of beneficiaries participating in the study conducted within the scope of the Sports and Social Cohesion Project



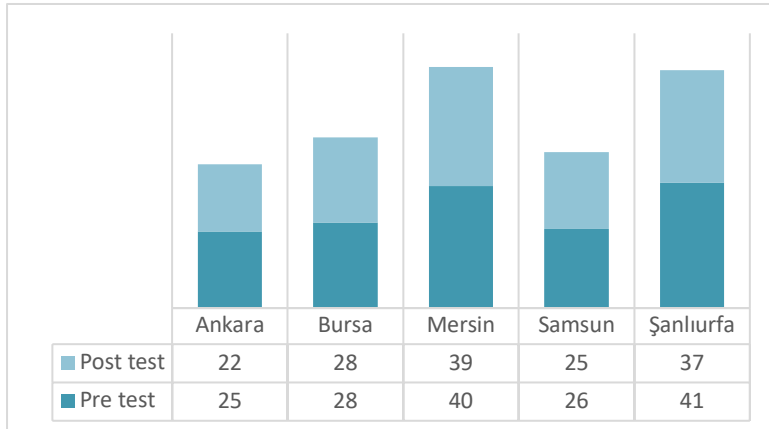
Approximately 34% of the beneficiaries participating in the pre-test study are girls and 66% are boys.

Figure 2: Age distribution of beneficiaries participating in the study conducted within the scope of the Sports and Social Cohesion Project



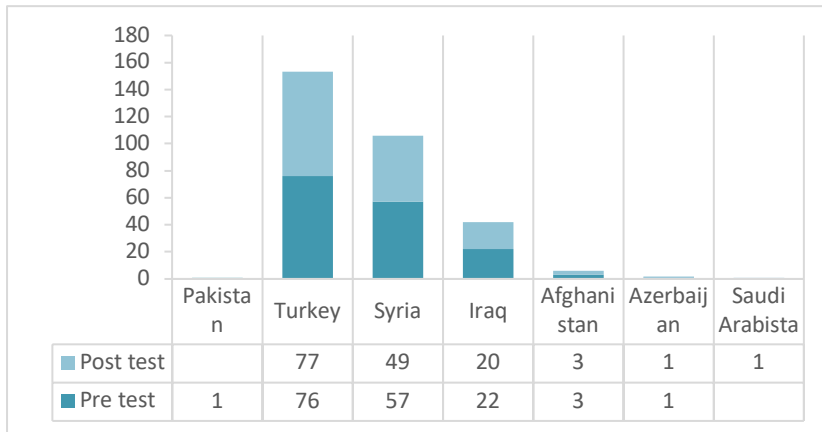
Approximately 27% of the beneficiaries participating in the pre-test study are between the ages of 7-10, 58% between the ages of 11 and 15, and 15% between 16 and 19.

Figure 2: City Distribution of Beneficiaries to the study conducted within the scope of the Sports and Social Cohesion Project



Approximately 25% of the study beneficiaries are from Şanlıurfa, 25% from Mersin, 18% from Bursa, and 15% from Ankara.

Figure 4: Distribution of Beneficiaries Participating in the study within the scope of Sports and Social Cohesion Project by Nationality

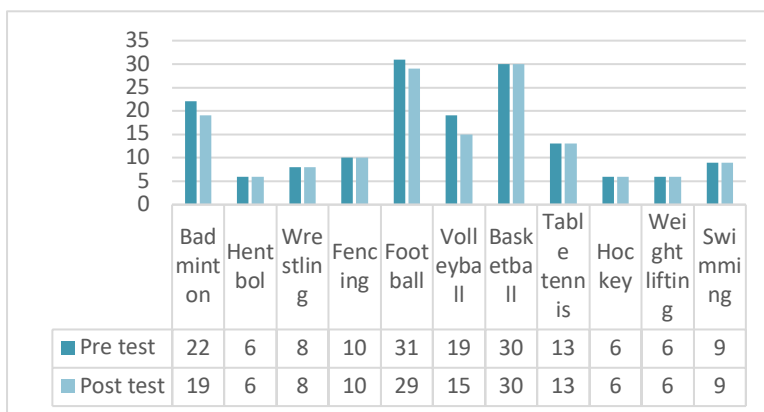


Approximately 49% of the beneficiaries participating in the test are 49% from Turkey and 34% from Syria.

Well-being and social cohesion survey results

Following the demographic information in the well-being and social cohesion questionnaire, 14 questions were asked to the beneficiaries. They were asked to answer the questions with 1, 2, and 3 stars or the answer I am indecisive, as appropriate. People who answer "I am indecisive." are calculated as 0 stars. The distribution of the beneficiaries according to the branch are detailed below.

Figure 5: Distribution of Beneficiaries Participating in the study within the scope of the Sports and Social Cohesion Project, by disciplines



Approximately 13% of the beneficiaries were badminton, 19% basketball, 6% fencing, 19% football, 5% wrestling, 4% wrestling, 4% handball, 4% hockey, 8% table tennis, 11% volleyball, and 6% who have joined in swimming.



Figure 6: Distribution of the responses of the Beneficiaries participating in the pre and post test study conducted within the scope of the Sports and Social Cohesion Project to the sentence "I feel happy."

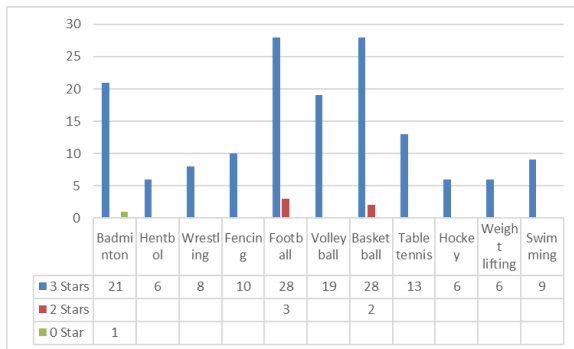


Figure 6a) Pre-test

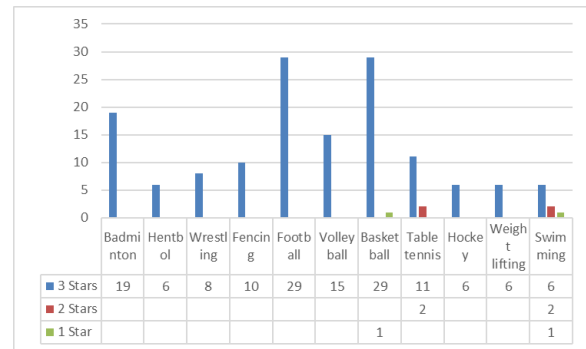


Figure 6b) Post-test

96% of the participants, both in pre and post-tests, stated that they feel happy.

Figure 7: Distribution of the responses of the Beneficiaries participating in the pre and post-test study conducted within the scope of the Sports and Social Cohesion Project to the sentence "I feel safe."

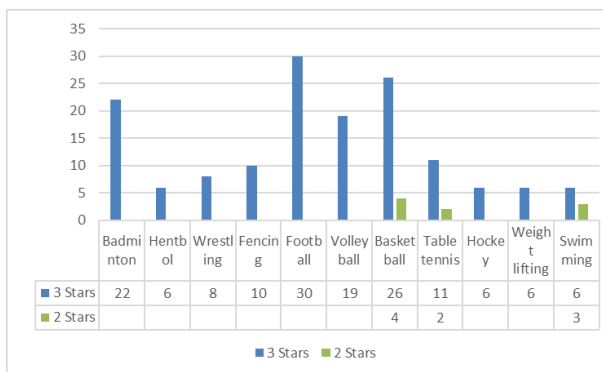


Figure 7a) Pre-test

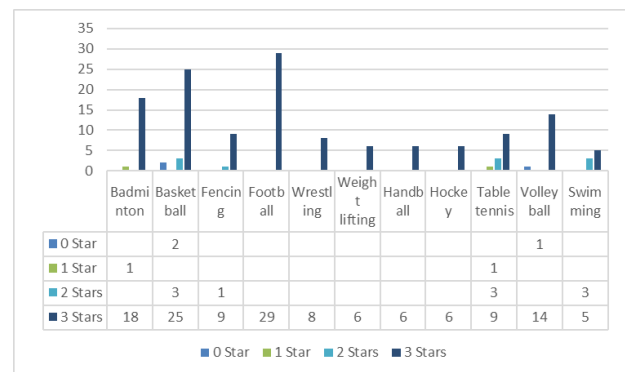


Figure 7b) Post-test

While 94% of the participants stated that feel safe in the pre-test, this ratio dropped to 90% in the post-test study.

Figure 8: Distribution of the response of the beneficiaries participating in the pre and post-test study conducted within the scope of the Social Cohesion Project through Sports to the sentence "There are people around me who love and care about me, and I can talk to when I encounter a problem."

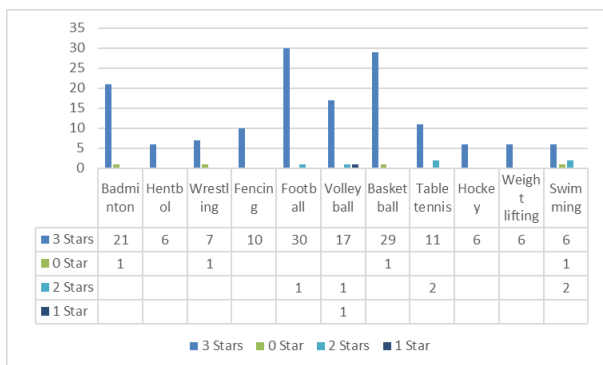


Figure 8a: Pre-test

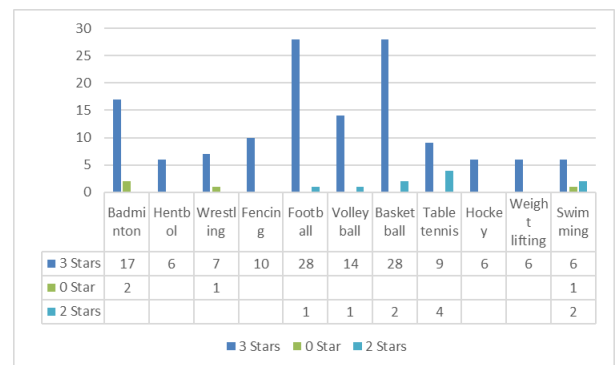


Figure 8b: Post-test



In the pre-test, 93% of the participants stated that there are people around him/her who love and care about them, and this ratio is 90% in the post-test.

Figure 9: Distribution of the responses of the Beneficiaries participating in the study conducted within the scope of the Sports and Social Cohesion Project to the sentence "I have friends with whom I get along well."

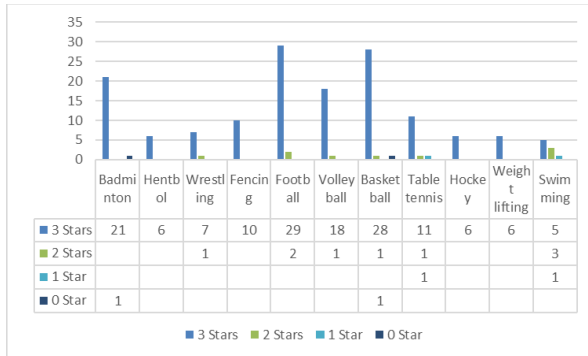


Figure 9a) Pre-test

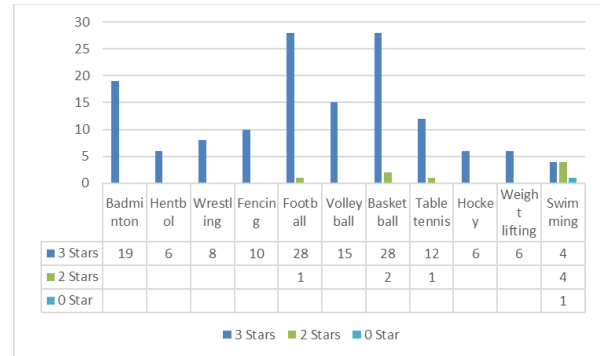


Figure 9b) Post-test

In the pre-test, most of the children (about 92%) who attended the activities stated that they had friends with whom they got along well. Only 2 people did not agree with this sentence. In the post-test study, 94% of the children agreed with the sentence.

Figure 10: Distribution of the responses of the Beneficiaries participating in the pre and post-test study conducted within the scope of the Sports and Social Cohesion Project to the sentence "I believe that I will have a good life in the future."

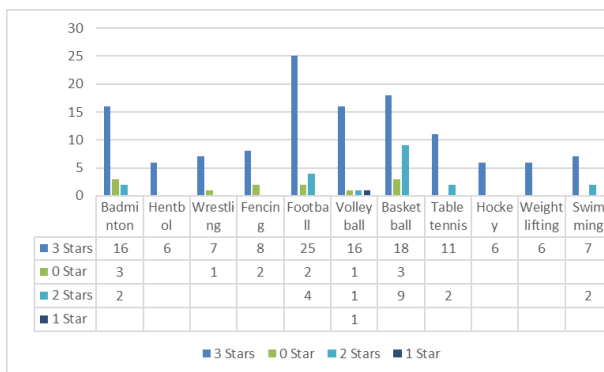


Figure 10a) Pre-test

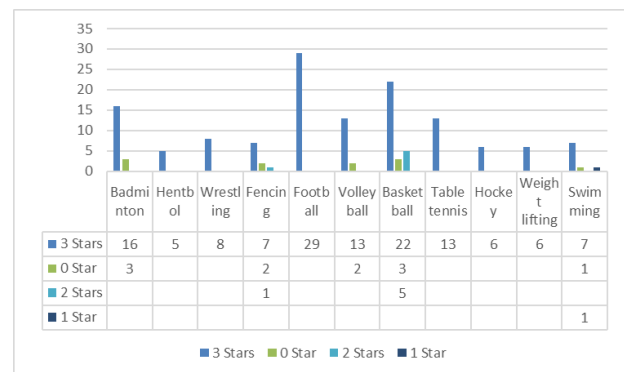
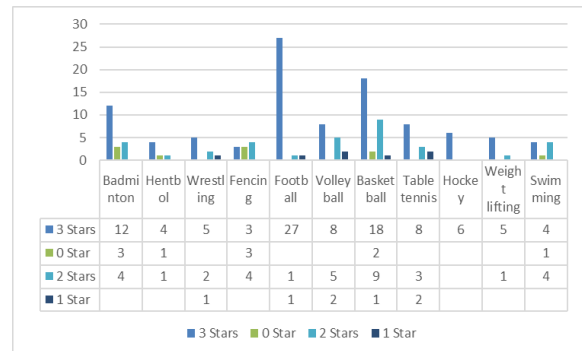
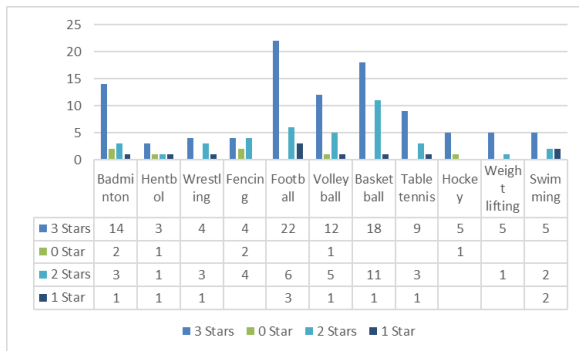


Figure 10b) Post-test

The answers for "I believe that I will have a good life in the future" have increased from 79% to 87% in this study.

Figure 11: Distribution of the responses of the Beneficiaries participating in the study conducted within the scope of the Social Cohesion with Sports Project to the sentence "I also share my thoughts with those around me while making decisions".



88 % of the children participating in the activities stated that they generally shared their thoughts with the people around them when making decisions about their place and society in the pre-test. The ratio was also too close in the post-test, which is 89 %.

Figure 12: Distribution of the responses of the Beneficiaries participating in the pre-test study conducted within the scope of the Sports and Social Cohesion Project to the sentence "I like to be friends with people from different countries."

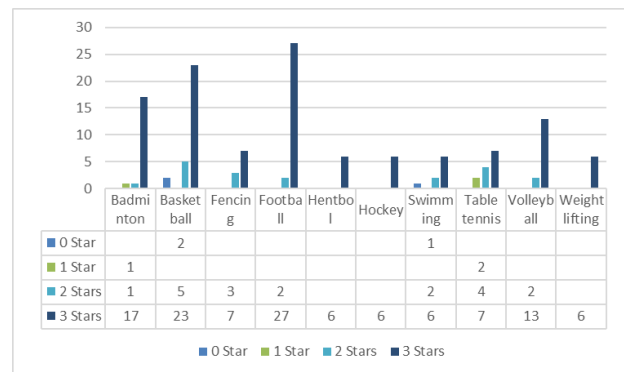
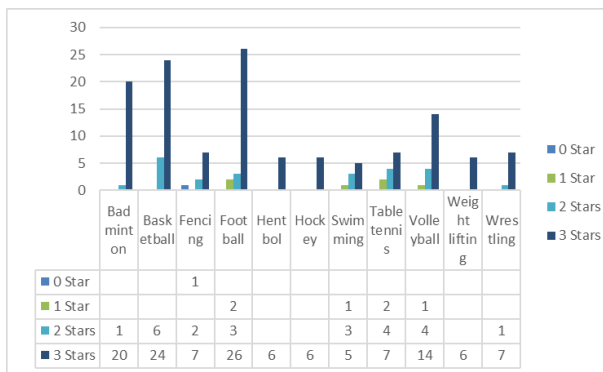


Figure 12a) Pre-test

Figure 12b) Post-test

Approximately 81% of the children participating in activities stated that they like to be friends with people from different countries in the pre-test and 82% in the post-test.

Figure 13: Distribution of the responses of the Beneficiaries participating in the pre-test study conducted within the scope of the Sports and Social Cohesion Project to the sentence "I learn to work as a team/team with friends in these courses."

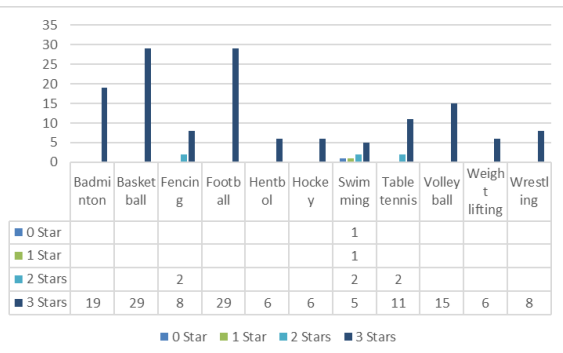
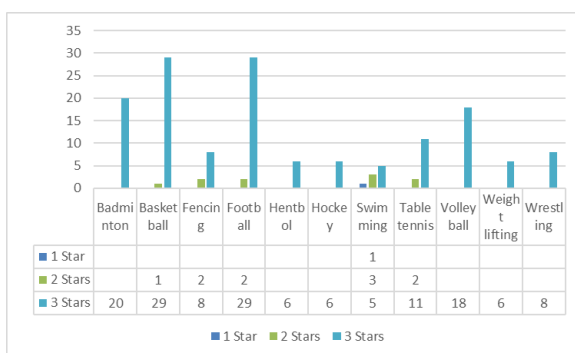


Figure 13a) Pre-test

Figure 13b) Post-test



93% of the children stated that "I learn to work as a team/team with friends in these courses" in the pre-test and 95% in the post-test. Only 1 participant (swimming) did not agree with the idea.

Figure 14: Distribution of the responses of the Beneficiaries participating in the pre-test study conducted within the scope of the Sports and Social Cohesion Project to the sentence " Team / team work improves my communication with my friends from different countries"

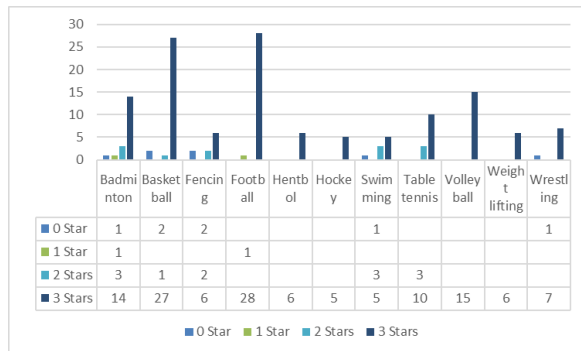


Figure 14a) Pre-test

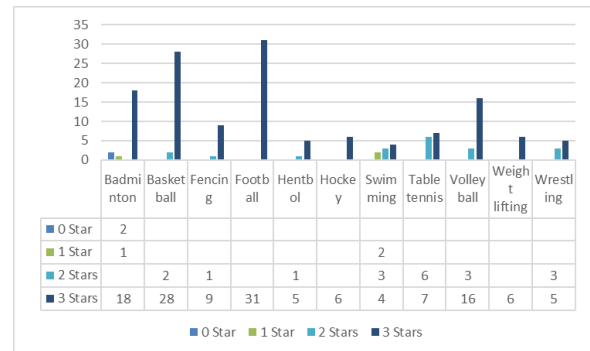


Figure 14b) Post-test

The ratio of the children agreeing with the idea of " Team/teamwork improves my communication with my friends from different countries" is 85% in the pre-test and 86% in the post-test. Two participants (1 badminton, 1 football) did not agree with this idea in the pre-test and 3 (2 swimming, 1 badminton) in the post-test.

Figure 15: Distribution of the responses of the Beneficiaries participating in the pre-test study conducted within the scope of the Sports and Social Cohesion Project to the sentence "Having friends from different countries helps me to know and understand their culture better."

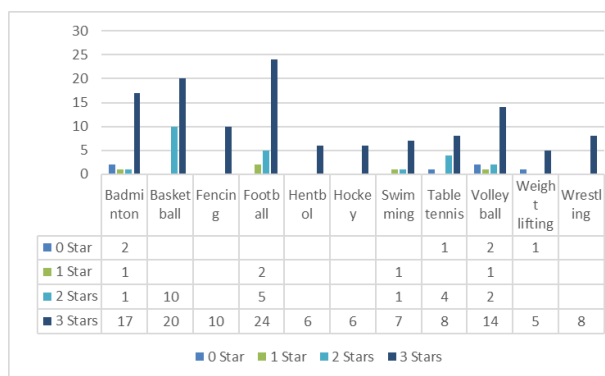


Figure 15a)Pre-test

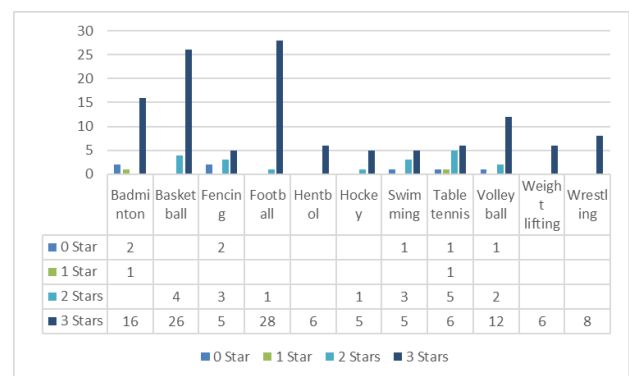


Figure 15b)Post-test

The number of children who disagreed with the idea of "Having friends from different countries helps me to know and understand their culture better" has dropped from 5 to 2 in the post-test.

Figure 16: Distribution of the responses of the Beneficiaries participating in the pre-test study conducted within the scope of the Sports and Social cohesion project to the sentence "I can communicate with my friends through sports even if I do not speak the same language"

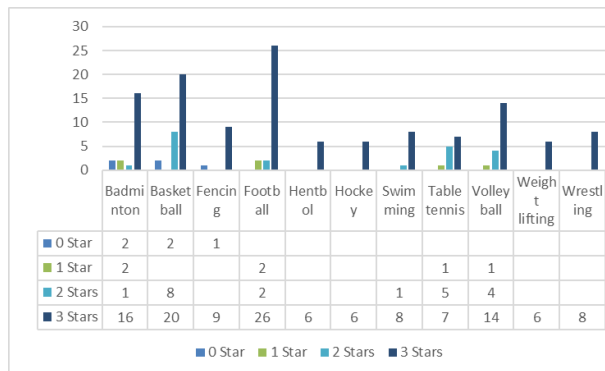


Figure 16a) Pre-test

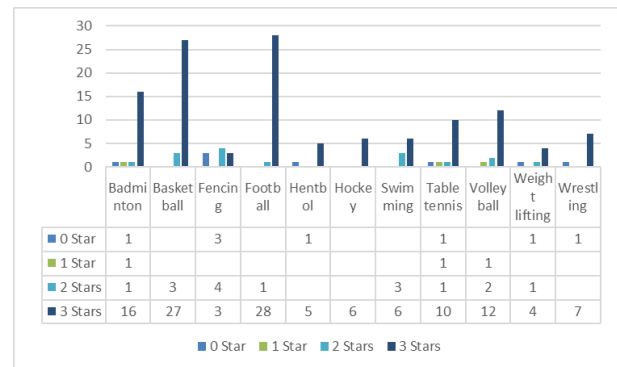


Figure 16b) Post-test

Approximately 80% of the children participating in the events stated that they could communicate with their friends through sports, even if they did not speak the same language. 21 people agreed less with this sentence. The ratio has increased to 82% in the post-test study.

Figure 17: Distribution of the responses of the Participating Beneficiaries to the sentence "I am thinking of meeting with my friends I met at the courses after the courses are over."

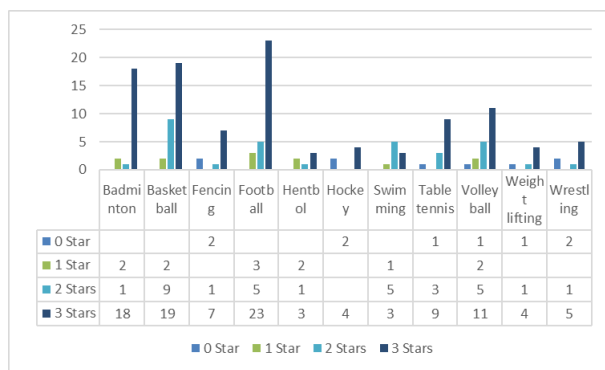


Figure 17a) Pre-test

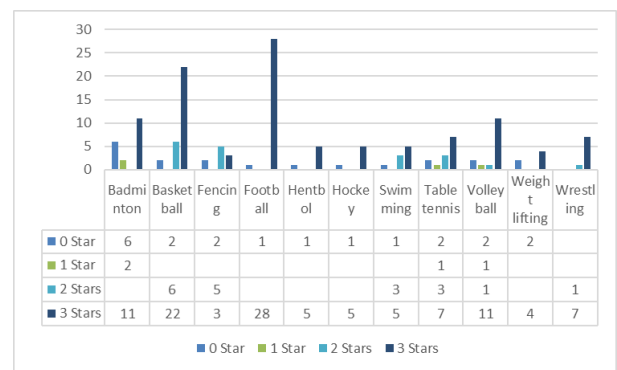
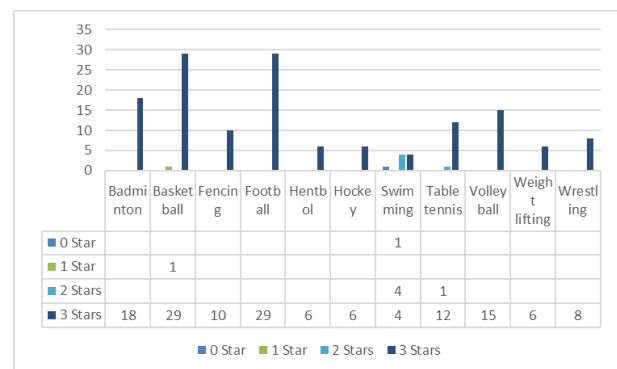
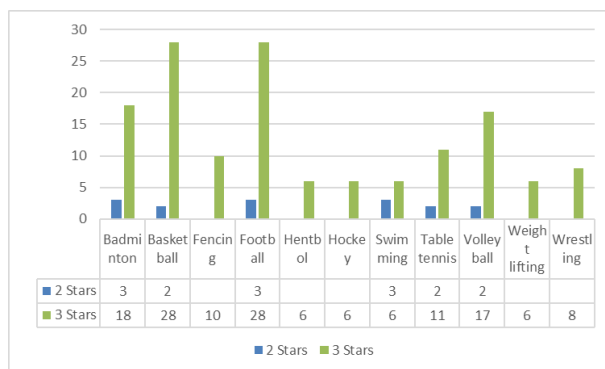


Figure 17b) Post-test

While approximately 67% of the participants agreed with the idea of "I am thinking of meeting with my friends I met at the courses after the courses are over" in the pre-test, 72% in the post-test. The number of participants disagreeing with the idea has decreased from 12 to 4.

Figure 18: Distribution of the responses of the Beneficiaries participating in the post-test study within the scope of the Sports and Social Cohesion Project to the sentence "I learn to solve problems without fighting in sports courses."





Most of the children (91%) stated that they learned to solve problems without fighting in sports courses and 95% in the post-test.

Figure 19: Distribution of the responses of the Participating Beneficiaries to the sentence "Attending sports courses increases my communication with my friends from different countries in my life outside sports courses."

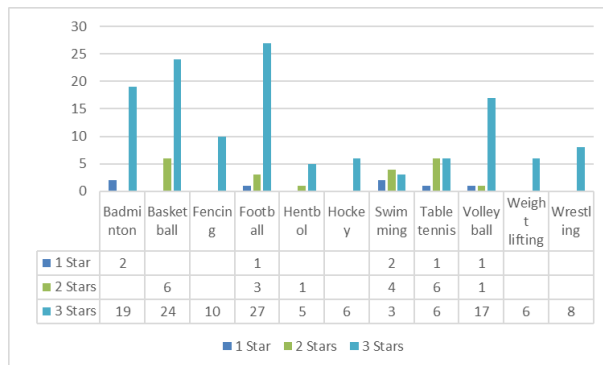


Figure 19a)Pre-test

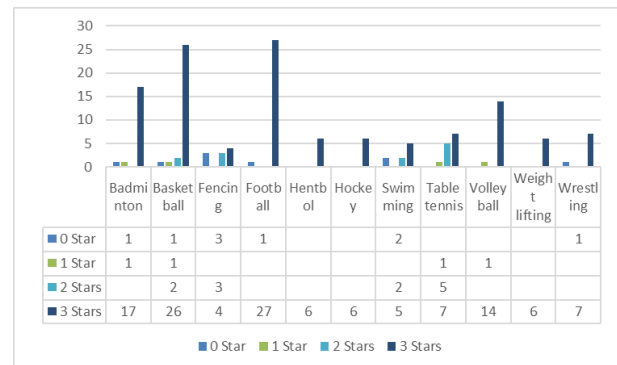


Figure 19b)Post-test

The number of participants who disagreed with the idea of "Attending sports courses increases my communication with my friends from different countries in my life outside sports courses" has decreased from 7 to 4 in the post-test.

Via these pre and post-test studies conducted, it was aimed to identify the development and change experienced by the beneficiaries in terms of both well-being and social cohesion. In the post-test data, a positive development was observed. The outstanding results are:

- The answers for the "I believe that I will have a good life in the future" have increased from 79% to 87% in this study.
- Most of the children (91%) stated that they learned to solve problems without fighting in sports courses and 95% in the post-test.
- While approximately 67% of the participants agreed with the idea of "I am thinking of meeting with my friends I met at the courses after the courses are over" in the pre-test, 72% in the post-test.

There were 3% and 4% decline only in two questions that relatively are "I feel safe" and sentence "There are people around me who love and care about me, and I can talk to when I encounter a problem."

As a result of this study, it might be stated that the children participating in the course generally have positive social adaptation and well-being and maintain this situation. In the issues; (4) friendship relations, (5) belief in having a beautiful life in the future, (8) teamwork, (10) knowing and understanding different cultures, (13) being able to solve problems without fighting, can be said that they experienced a positive change.